



Group Chaperone Guidelines

Thank you for helping make volunteer experiences at Second Harvest positive, impactful, and safe!

Chaperones play an important role in helping volunteers stay organized and engaged while volunteering at the food bank.

Before You Arrive

- Register for your shift online using your group's landing page
- Ensure that all minors joining your group have filled out a Youth Waiver
- Wear closed-toe shoes and comfortable clothing
- Arrive 10-15 minutes early

During Your Volunteer Shift

Chaperones must:

- Stay with and actively supervise the group at all times
- Monitor volunteer behavior, engagement, and interactions throughout the shift
- Reinforce staff instructions and redirect volunteers when needed
- Demonstrate and encourage respectful behavior and teamwork
- Keep the group focused and on task

Note: Food bank staff may redirect or dismiss volunteers if safety guidelines are not followed.

Minors

Our youth volunteer safety ratio:

- Ages 6 - 11: 1 adult per 5 minors
- Ages 12+: 1 adult per 7 minors

Thank You!

Your support creates meaningful and memorable volunteer experiences while providing food and hope for our neighbors facing hunger. Donors and volunteers like you are making a lasting impact. Thank you for investing your time at Second Harvest! ❤️

Questions?

Please contact our Volunteer Team at: volunteer@secondharvestmidtn.org

Youth Volunteer Waiver (ages 6-17)

Second Harvest Food Bank of Middle Tennessee

Contact Information

Name	
Age	
Phone	
Email	
Street Address	
City State Zip	

Are you volunteering with a group?

Group Name	
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Emergency Contact

Name	
Relationship	
Main Phone	
Secondary Phone	

Agreement

I understand it is prohibited for me to remove any Second Harvest Food Bank of Middle Tennessee product from the warehouse or offices for any personal use. I understand volunteer service is at will and can be terminated, for any reason, or for no reason at all, with or without advance notice at any time by Second Harvest, or by the volunteer. I understand as a volunteer for Second Harvest, I may be involved in physical activities that have a potential risk of injury. I assume this risk. I agree I will perform activities I am comfortable doing and follow all instructions. I hereby release and discharge Second Harvest, its employees, directors, officers, partners, agents, and volunteers from any claim, demand, or cause of action that may be asserted by me, or on behalf of me, as a result of my volunteering for activities through Second Harvest. I agree to be responsible for my behavior and to indemnify and hold harmless Second Harvest, its employees, directors, officers, partners, agents, and volunteers from any damages or liabilities arising out of my activities as a volunteer through Second Harvest. I understand Second Harvest's Volunteer Policies and Procedures will be made available to me. I agree to read this information and keep it for future reference. I agree to observe present and future company policies and rules outlined in the information. The policies stated are intended as guidelines for volunteers and are subject to change at the sole discretion of Second Harvest. I, the undersigned, hereby irrevocably consent to the unrestricted use by Second Harvest, and/or its clients, customers, successors, and assigns and those acting under its authority, and those for whom it is acting, the absolute right, for as long and as often as they may elect, to copyright and/or use and/or publish my image, voice, name, and/or story in which I may be included in whole or in part, in any format including video, print, or electronic (collectively the "materials") whether such materials may be retouched as part of a composite in conjunction with my own or fictitious name or reproductions or versions thereof in color otherwise, made through any media for art, advertising, trade, or any other lawful purpose whatsoever. I hereby waive any right to inspect or approve the finished materials, advertising copy, or printed matter that may be used in conjunction therewith, or to the eventual use that it may be applied. In conjunction with foregoing, I hereby release and hold harmless Second Harvest, and each of the above, from all liability.

Signature

Volunteers under age 18 must have this form signed by a parent or legal guardian.

Parent/Guardian Name (printed)

Parent/Guardian Signature

Today's Date